

Bk/Br/FI/Fr	Medley Relay	<i>Swimmers; Step Up; Take Your Mark</i>
		7 & 8 Boys 100 Yrd Medley Relay
Stand Up		7 & 8 Girls 100 Yrd Medley Relay
Step Down		9 & 10 Boys 100 Yrd Medley Relay
Still on the Mark		9 & 10 Girls 100 Yrd Medley Relay
Stand on back of Blocks		11 & 12 Boys 200 Yrd Medley Relay
		11 & 12 Girls 200 Yrd Medley Relay
Watch for Wiggles		13 & 14 Boys 200 Yrd Medley Relay
Watch for Ready		13 & 14 Girls 200 Yrd Medley Relay
@ least 1 foot to Front		15 to 18 Boys 200 Yrd Medley Relay
		15 to 18 Girls 200 Yrd Medley Relay
		<i>(My I have the 15 y ROPE Please?)</i>
	Freestyle	<i>Swimmers; Step Up; Take Your Mark</i>
		6 & under Boys 15 Yrd Free Style
		6 & under Girls 15 Yrd Free Style
		<i>(Please remove the 15 y ROPE)</i>
		7 & 8 Boys 25 Yrd Free Style
		7 & 8 Girls 25 Yrd Free Style
		9 & 10 Boys 25 Yrd Free Style
		9 & 10 Girls 25 Yrd Free Style
		<i>Judges & Timers Please come to the STARTING Side of the Pool</i>
		11 & 12 Boys 50 Yrd Free Style
		11 & 12 Girls 50 Yrd Free Style
		13 & 14 Boys 50 Yrd Free Style
		13 & 14 Girls 50 Yrd Free Style
		15 to 18 Boys 50 Yrd Free Style
		15 to 18 Girls 50 Yrd Free Style
		<i>(My I have the 15 y ROPE & the Backstroke PADS Please?)</i>
	Backstroke	<i>Step In; Place Your Feet; Take Your Mark</i>
		6 & under Boys 15 Yrd Backstroke
Feet touching Water		6 & under Girls 15 Yrd Backstroke
No curled toes or standing		<i>(Please remove the 15 y ROPE)</i>
		7 & 8 Boys 25 Yrd Backstroke
		7 & 8 Girls 25 Yrd Backstroke
		9 & 10 Boys 25 Yrd Backstroke
		9 & 10 Girls 25 Yrd Backstroke
		<i>Judges & Timers Please come to the Starting Side of the Pool - Please remove the Backstroke Pads</i>
Stand on back of Blocks		11 & 12 Boys 50 Yrd Backstroke
		11 & 12 Girls 50 Yrd Backstroke
		13 & 14 Boys 50 Yrd Backstroke
		13 & 14 Girls 50 Yrd Backstroke
		15 to 18 Boys 50 Yrd Backstroke
		15 to 18 Girls 50 Yrd Backstroke

		<i>(My I have the 15 y ROPE Please?)</i>
Breast	<i>Swimmers; Step Up; Take Your Mark</i>	
		6 & under Boys 15 Yrd Breast Stroke
		6 & under Girls 15 Yrd Breast Stroke
		<i>(Please remove the 15 y ROPE)</i>
		7 & 8 Boys 25 Yrd Breast Stroke
		7 & 8 Girls 25 Yrd Breast Stroke
		9 & 10 Boys 25 Yrd Breast Stroke
		9 & 10 Girls 25 Yrd Breast Stroke
		<i>Judges & Timers Please come to the STARTING Side of the Pool</i>
		11 & 12 Boys 50 Yrd Breast Stroke
		11 & 12 Girls 50 Yrd Breast Stroke
		13 & 14 Boys 50 Yrd Breast Stroke
		13 & 14 Girls 50 Yrd Breast Stroke
		15 to 18 Boys 50 Yrd Breast Stroke
		15 to 18 Girls 50 Yrd Breast Stroke
		<i>(Judges & Timers Please go to the FAR side of the pool)</i>
Butterfly	<i>Swimmers; Step Up; Take Your Mark</i>	
		7 & 8 Boys 25 Yrd Butterfly
		7 & 8 Girls 25 Yrd Butterfly
		9 & 10 Boys 25 Yrd Butterfly
		9 & 10 Girls 25 Yrd Butterfly
		<i>Judges & Timers Please come to the STARTING Side of the Pool</i>
		11 & 12 Boys 50 Yrd Butterfly
		11 & 12 Girls 50 Yrd Butterfly
		13 & 14 Boys 50 Yrd Butterfly
		13 & 14 Girls 50 Yrd Butterfly
		15 to 18 Boys 50 Yrd Butterfly
		15 to 18 Girls 50 Yrd Butterfly
Free Relay	<i>Swimmers; Step Up; Take Your Mark</i>	
		7 & 8 Boys 100 Yrd Freestyle Relay
		7 & 8 Girls 100 Yrd Freestyle Relay
		9 & 10 Boys 100 Yrd Freestyle Relay
		9 & 10 Girls 100 Yrd Freestyle Relay
		11 & 12 Boys 200 Yrd Freestyle Relay
		11 & 12 Girls 200 Yrd Freestyle Relay
		13 & 14 Boys 200 Yrd Freestyle Relay
		13 & 14 Girls 200 Yrd Freestyle Relay
		15 to 18 Boys 200 Yrd Freestyle Relay
		15 to 18 Girls 200 Yrd Freestyle Relay

Judges and Timers, this is a MAIN EVENT. Are you Ready?